

PROCEDURE CHECKLIST
Chapter 22: Bathing: Providing a Complete Bed Bath

Check (✓) Yes or No

PROCEDURE STEPS	Yes	No	COMMENTS
1. Uses warm, not hot, water (105°F or 41°C).			
2. Changes water before cleansing the perineum and whenever the water becomes dirty or cool.			
3. Drapes patient to provide privacy and prevent chilling.			
4. Removes soiled linens without exposing the patient.			
5. Removes patient's gown without exposing patient; exposes just the part of the body being bathed.			
6. If patient has an IV, removes the gown first from the arm without the IV; replaces gown on the affected arm first; does not disconnect the IV tubing; keeps IV container above level of patient's arm.			
7. Modifies procedure or stops temporarily if patient becomes tired.			
8. Follows principle of "head to toe."			
9. Follows principle of "clean to dirty."			
10. Washes extremities from distal to proximal.			
11. While bathing, keeps loose ends of washcloth from dragging across the skin and wrings out excess water.			
12. Supports joints when bathing.			
13. Rinses well if using soap.			
14. Pats dry to protect the skin.			
15. Dries thoroughly between the toes.			
16. Changes water and uses a clean washcloth to wash the perineal area.			
17. Dons procedure gloves to wash rectal area; removes any fecal matter with tissues prior to using washcloth.			
18. Applies deodorant, lotion, and/or powder as desired or as needed.			
19. Provides a back rub if not contraindicated.			
20. When finished, repositions patient and changes bed linen as needed.			

Recommendation: Pass _____ Needs more practice _____

Student: _____

Date: _____

Instructor: _____

Date: _____